



Breakfast

	Eggs with bacon, ham or sausage	Eggs with Peameal
One	\$8.00	\$8.70
Two	\$9.00	\$10.00
Three	\$10.00	\$11.00

Served with choice of home fries, baked beans or tomato slices. Includes toast & Coffee (or juice)

Omelet

3 Egg omelet, choose up to three of the following: ham, bacon, sausage, peameal, mushroom, green pepper, spinach or cheese **\$14.95**

Served with choice of home fries, baked beans or tomato slices. Includes toast & Coffee (or juice)

Big Breakfast

1) **2 eggs, 2 pancakes, ham, 2 sausages, 3 bacon** **\$16.75**
Choice of home fries, baked beans or tomato slices. Includes toast & Coffee (or juice)

Benedicts

- 1) **English Muffin topped with peameal, 2 poached eggs & hollandaise** **\$16.75**
Includes coffee (or juice)
- 2) **Eggs Florentine. English Muffin topped with spinach, 2 poached eggs & hollandaise** **\$16.75**
Includes coffee (or juice)

Benedicts served with choice of home fries, baked beans or tomato slices

Pancakes, French Toast

3 Pancakes with bacon, ham or sausage **\$12.55**
3 Blueberry pancakes with bacon, ham or sausage **\$13.50**
3 Slices of French Toast with bacon, ham or sausage **\$12.55**

Above meals include coffee (or juice)

Breakfast Sandwiches

Toasted Fried Egg **\$6.00**
Toasted Bacon & Egg, Toasted Western or Toasted Bacon **\$7.60**

Coffee "Not Included" with breakfast sandwiches

Bagels etc.

Bagel with cream cheese **\$3.50**
Breakfast Bagel. Egg, cheese, bacon, lettuce and tomato **\$8.00**
English Muffin with cheese and bacon, ham or sausage **\$5.25**
with Peameal **\$6.25**

Coffee "Not Included" with bagels and english muffins

Tax Not Included

TAKE OUT AVAILABLE ALL DAY !

Call 613 257 3396 ext 2 to place order

Appetizers & Snacks

Soup of the Day		\$5.75
<i>ask for availability</i>		
Zucchini Sticks with ranch dip		\$10.25
Onion Rings with chipotle dipping sauce.....		\$9.50
French Fries		\$6.95
	with gravy	\$8.25
Poutine with real curds		\$9.00
Sweet Potato French Fries with chipotle dipping sauce.....		\$9.95
Mississippi Nachos: Corn chips, salsa, onion, red pepper, green pepper, jalapenos, beef (or chicken) & cheese		\$18.75
Combo Platter - 6 chicken wings, 6 zucchini sticks, 4 chicken fingers, onion rings & garlic bread		\$21.00
Chicken Quesadillas - Chicken, red & green peppers, tomato, onion, cheese, sour cream & salsa		\$15.25

Wings

Mild, Medium, Hot, Forty Creek BBQ or Honey Garlic		\$1.50 each
<i>Served with fries</i>		

Greens Etc.

Chicken Caesar Salad - Topped with grilled chicken slices			
	Small	\$10.00	
	Large	\$15.00	
Julienne Salad - Garden Salad topped with turkey, ham, bacon, cheese & egg	Small	\$10.70	
	Large	\$15.00	
Spinach Salad - with beets, goat cheese, dried cranberries, red onion, and pecans, with balsamic dressing	Small	\$10.70	
	Large	\$15.00	
New Chicken and Hummus Bowl - with Marinated Chicken Breast with spinach, tomato, cucumber, red onion, shredded carrots and cilantro			\$15.00
Dressings Available: Ranch, Balsamic, Garlic, Caesar			

Tax Not Included

Wraps

	Alone	Platter
Grilled Caesar Wrap - 4oz chicken breast with Caesar salad	\$10.00	\$15.00
Harvest Wrap - turkey, spinach, apples, dried cranberries, red onion and honey dijon sauce	\$10.00	\$15.00
Buffalo Chicken Wrap - breaded chicken, lettuce, tomato, red onion, mozzarella cheese, hot sauce & ranch dressing	\$10.00	\$15.00
New Arizona Wrap - Chicken, bacon, lettuce, tomato, red onion, mozzarella and guacomole	\$10.00	\$15.00
New Buffalo Cauliflower - crispy cauliflower, lettuce, tomato, hot sauce and ranch dressing	\$10.00	\$15.00

Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$2.00

Panini's

	Alone	Platter
Chicken Pesto Panini - Chicken breast, spinach, swiss cheese, tomato, red onion, and pesto mayo	\$12.00	\$16.00
ABC Panini - Apple, Bacon, Chicken, Brie, Spinach with Honey Dijon Sauce	\$12.00	\$16.00
Vegetarian Panini - with mozzarella cheese, spinach, red onion, tomato and mushrooms with honey dijon sauce	\$12.00	\$16.00

Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$2.00

Sandwiches

	Alone	Platter
Grilled Cheese	\$6.00	\$11.00
Grilled Cheese with bacon or ham	\$7.00	\$12.00
Egg or Tuna Salad	\$6.00	\$11.00
Roast Turkey, Roast Beef, BLT, Western or Ham & Cheese	\$7.80	\$12.80
New Vegan - lettuce, tomato, red onion, cucumber and vegan cream cheese	\$7.25	\$12.25
Smoked Meat	\$11.75	\$16.75
Club Sandwich	\$11.75	\$16.75
New Grilled Gruyere - apple, carmelized onion and honey dijon mayo	\$7.25	\$12.25
New Grilled Ham & Swiss - french toast style served with maple syrup	\$10.00	\$15.00

Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$2.00

Burgers & Dogs

	Alone	Platter
Hot Dog	\$5.00	\$10.00
Bacon & Cheese Dog	\$6.00	\$11.00
Our Burgers are 6oz made fresh		
Hamburger	\$9.00	\$14.00
Cheese Burger	\$9.50	\$14.50
Bacon & Cheese Burger	\$11.50	\$16.50
Forty Creek Burger - BBQ sauce, peameal, caramelized onions, cheese, lettuce and tomato	\$11.80	\$16.80
"Impossible" Vegetarian Burger can be substituted for an additional	\$2.00	
Chicken Crunch Burger - crispy chicken topped with bacon, swiss, chipotle mayo, lettuce and tomato	\$12.00	\$17.00

Above Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$2.00

Favourites

Chicken Fingers - with fries and plum sauce	\$15.00
Fish & Chips - 2pcs, fries, coleslaw & tartar sauce	\$17.00
Nashville Hot Chicken	Alone \$12.00 Platter \$17.00

Above Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$2.00

Tax Not Included

Gluten Free bread, wraps, burger buns and english muffins available

Add: \$1.50

If you have special food needs due to dietary restrictions, and require food that is not on the menu,
please speak to Wendy to arrange alternate meal options

(additional charges may apply)

TAKE OUT AVAILABLE ALL DAY !

Call 613 257 3396 ext 2 to place order